

Supporting Others

COURSE OVERVIEW

This program introduces leaders to core coaching skills and approaches that will help them to boost the confidence and capability of their team members. It places an emphasis on developing the listening and questioning skills to support colleagues through both emotional and practical challenges.

CONTENT COVERED INCLUDES:

- Coaching styles self-assessment
- Structuring a coaching relationship
- The Four Faces of Coaching
- Building your confidence and resourcefulness as a coach
- Committed listening and powerful questions
- Responding to emotional flooding

KEY FEATURES

- Unlock the potential in team members, helping them get more competent and confident
- Tap into your natural coaching style to hold great coaching conversations
- Understand how to listen so that others feels truly heard and understood
- Learn the art of coaching by experiencing a professional coach in action

WHO IS THIS FOR?

Principals, department chairs

ONE-TO-ONE COACHING OPTION

5*1 hr sessions of virtual 1:1 coaching
\$1,120 per person inc online learning

GROUP COACHING OPTION

4*2 hours of zoom group coaching
\$2,700 per group of 4-6 participants

